

Abstract

DONA EU project

The project will be conducted by Associacio Esportiva Vallbona (Spain) and will be carried out in collaboration with Malta Phoenix Volleyball, De Sportmaatschappij Foundation (Netherlands), University of Ljubljana (Slovenia), European Partner As Students Dual Career Network (Malta), Volleyball Marseille (France) and Anderlini Volleyball School.

The aim of the project is to develop a methodology aimed at developing the careers of young female athletes, from a psychological, educational, sporting and professional point of view. The study will be conducted on a basis of 250 young athletes aged between 12 and 20 from four different European countries, Italy, Malta, Holland and France, assisted by Spain and Slovenia.

The project can be considered a success if it creates the basis for a decrease in sports drop-out by athletes, prepares athletes to face the different phases of psychophysical development, helps to increase the number of professionally active female athletes, increase awareness in athletes and families that it is possible to hope for sports growth at the same time as educational growth, finally favouring the bases for professional job placement within the world of sport.

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Titel: DONA, Dual Career for Women Athletes

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